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# CYP Trauma Practitioner Recruitment and Information Pack

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# CYP Trauma Practitioner

- **Type of Contract:** Fixed Term (3 Years)
- **Reports to:** Ejaye Moran – Counselling and Therapeutic Services Manager/Clinical Lead
- **Location / Base:** My Sisters Place, 121-123 Borough Road, Middlesbrough, Cleveland, TS1 3AN.
- **Hours:** 18.5
- **Salary:** £14,185 (Actual Salary)
- **Holiday:** Full time employees are entitled to 26 days paid holiday in each full calendar year in which you are employed. Upon two years' service this increases one day for each years' service to a maximum of 30 days. Paid holiday for part-time workers is calculated on a pro rata basis, depending on the number of hours worked each week.
- **Birthday Policy:** MSP operates a discretionary Birthday Policy which allows you to take one day off work each year on your birthday following 1 year of service
- **Pension:** My Sisters Place automatically enrolls all eligible employees in the workplace pension scheme upon commencement of employment and will deduct pension contributions from your pay. Employee contributions are a minimum of 5% with My Sisters Place matching the contribution percentage.
- **Staff Well-being:** We offer high quality clinical supervision and case management.
- **Induction:** There will be a full induction on processes, systems, role specific training and trauma and domestic abuse training. We are a committed learning and development Charity with a robust induction, we offer regular access to extensive CPD and career progression.

# About My Sisters Place

My Sister's Place is an independent Domestic Abuse Service.

As a feminist organisation, we offer confidential women only spaces and also support male survivors of domestic abuse for clients to express their concerns.

- We have over 20 years of experience working as members of our community in helping those affected by domestic abuse.
- We understand the steps to take to keep those who need us safe and protected.
- Our clients always come first, and meeting their individual needs is our first priority.
- We have a specialist, multi-disciplinary team with a wide range of resources who understand what help and support to give at each stage of the recovery process.
- We work tirelessly to ensure that the voices of survivors are heard, challenging where necessary to get the support they need.
- We help our clients plan for a different future and help them take steps to realising this goal by helping them take back control, building empowerment and hope.
- We are wholeheartedly committed to changing lives affected by domestic violence for the better, whether this be survivors or perpetrators. We have services specifically dedicated to achieving these goals.
- Our track record shows that what we do works in addressing the impact of domestic abuse in families and communities.
- We work to build community engagement in what we do, working with other agencies and those in power so we can collectively address the impact domestic abuse has on survivors and on our community.
- We are a by and for women organisation, our Trustees are all women, and we remain committed to this principle.
- We are committed to working with diverse communities alongside protecting women only space in our main service

# Our Purpose

- To deliver accessible, responsive, adaptable and effective services that are informed and evaluated by service user's experiences promoting individual freedom and quality of life.
- To explore new and innovative ways to address domestic violence issues with a range of partners and share best practice locally.
- To challenge inequality in access to safety, justice, health and well-being and campaign for change to shape future policy and practice.
- To work with the wider community through education and community involvement to create a cultural shift in a zero tolerance of domestic abuse and better equip families to protect one another.

# About the Role

We have an exciting opportunity for two CYP Trauma Practitioners to join My Sisters Place ME TIME – Children and Young Persons Therapy Service following a successful 3 Year grant application from Children in Need.

We are currently looking to recruit enthusiastic and motivated trauma informed therapists to support provide effective therapeutic interventions to children and young people impacted by their experiences of domestic abuse.

The post-holder will work within the Counselling and Therapeutic Services Team providing individual trauma informed one to one therapy, education and support therapeutic group work within our 'ME TIME' CYP Service.

Applicants will work within MSP's Trauma Informed TIME Model to facilitate effective delivery of therapeutic provision to children and young people between the ages of 4 to 18yrs.

Applicants will be fully qualified to provide counselling/psychotherapy to children and young people, be a registered member of a governing body and have access to your own vehicle for travel.

This position may require flexible working hours to meet the demands of the service and applicants must be available to work across multiple sites and support administration and organisational elements of delivery.

# Essential Criteria

## Person Specification:

- Holds a recognised qualification in Child Psychotherapeutic Counselling/Psychotherapy (Postgraduate Level 6 or above)
- Holds a recognised membership/s of a relevant professional body (e.g. UKCP/BAAT/BACP/BPS/HCPC)
- Post qualified experience in a clinical role with an understanding of children, young people, within their families, schools, the voluntary sector, social care and other agencies that children are engaged with
- Facilitating therapy with children and young people aged 4-18yrs
- Knowledge and understanding of child protection policy and procedures and be committed to safeguarding of children and vulnerable adults
- Demonstrate knowledge of the environments in which children receive therapeutic interventions
- Demonstrates understanding of a range of therapeutic models
- Undertakes monthly clinical supervision at a ratio that supports client work and case load and professional memberships/accreditations – provided within post
- Demonstrates understanding of working with children and young people who require trauma informed psychotherapeutic counselling support.
- Demonstrates a clear vision of what My Sisters Place requires of its counsellors and models behaviours aligned to My Sisters Place and their professional memberships e.g UKCP/BACP/BAAT/BPS/HCPC frameworks
- Willingness to undertake work with parents, carers and staff involved with the child or young person.
- Experience to undertake clinical assessments
- Ability to identify and implement appropriate clinical interventions

- Manage and hold a clinical caseload.
- Takes an active approach to self-development and shows a commitment to continuous professional development and learning
- Maintain appropriate counselling records and monitor/report progress where necessary, whilst demonstrating appropriate respect for client confidentiality and the consent of the client.
- To be able to write reports for other agencies demonstrating appropriate respect for client confidentiality and the consent of the client.
- Seeks to continually improve quality of service provision in all areas of the ME TIME service.
- Engage with effectively with clinical supervision
- Is pro-active in reporting safeguarding issues and concerns with regards to children and vulnerable adults, to the organisation and line management, in accordance with My Sisters Place policy
- Continues to keep up to date with safeguarding policy and developments.
- Builds relationships through effective communication with all members of staff in My Sisters Place.
- Show a passion for working with children and young people and values and understands how this underpins the work as a Child Psychotherapeutic Counsellor in My Sisters Place
- Establishes and sustains positive multi-disciplinary working relationships and understands the importance of equality, diversity and inclusivity
- To participate in worker meetings, management meetings and service planning discussions
- To have an understanding of other referral pathways for children, young people and families requiring other services, including statutory and voluntary agencies.
- Ability to maintain personal and professional boundaries.
- Right to work and live in England.
- Have a full, clean driving licence and access to transport

# Desirable Criteria

- Is an Accredited Practitioner or working towards accreditation with UKCP/BACP/BAAT/BPS/HCPC
- Willingness to undertake group work/or support the delivery of group work with children and young people.
- Demonstrates a clear understanding of the needs of service users and how My Sisters Place services can support these needs and resolves problems as they arise.

Please note that this job description is intended to outline the main duties of the post and may change as the post and service develops.

My Sister's Place is open to experience outside of the charity sector, transferable skills and learning in post, and we will welcome applications from candidates who may not meet the criteria exactly.



# Expectations

We are committed to becoming actively anti-racist in everything we do. This is a critical priority for My Sisters Place. We embrace diversity and understand that being an inclusive organisation, and recognising different perspectives, will enable us to provide excellent services. We are committed to ensuring all our employees are treated fairly and equitably at work and promoting equity in physical and mental health for all.

# Role Expectations

All members of staff at My Sisters Place are expected to embody our mission, values and competencies. This includes expectation that they will:

- Keep abreast of internal and external developments and respond accordingly.
- Attend and contribute to the supervision and appraisal process, meetings, training and other events as required.
- Show passion for My Sisters Place vision of communities free from abuse.
- Understand and communicate our mission statement that My Sisters Place supports those affected by domestic abuse.
- Demonstrate organisational awareness and see the bigger picture while working towards objectives.
- Demonstrate we are collaborative and work in partnership.
- Demonstrate we are trusted.

- Demonstrate we continuously learn and improve.
- Demonstrate we respect others and listen without judgement.
- Demonstrate we are supportive and compassionate.
- Demonstrate we are committed and believe in our work.
- Demonstrate we care about justice and inequality.
- Demonstrate we care about the environment.
- Demonstrate we care about wellbeing.
- Take the responsibility for decisions.
- Attend and contribute to My Sisters Place training and any other training identified as appropriate for the post.
- Occasionally travel and / or work unsociable hours, which may require the need for an overnight stay, evening and weekend work.
- Adhere to relevant legal and statutory requirements including the Data Protection Act, Health and Safety at Work Act and relevant charity law.
- Always maintain an appropriate level of confidentiality.
- Embed trauma informed practice and it's 6 pillars, Trust, Choice, Safety, Empowerment, Collaboration, Gender / Culture.

# How to apply

## Trauma Informed Working

We will be clear about our processes and what you can expect from us, if you wish to see the interview questions prior to the interview please let us know, and we will send them out to you 48 hours prior to your interview, along with any case studies to be discussed during the interview process. Only successful candidates will be contacted for interview following the shortlisting process. In the event of a high number of applications, we reserve the right to close the application process early. Candidates selected for interview will be able to discuss any specific requirements related to recruitment when invited to interview. If this sounds like the role for you, please apply with a CV and covering letter or personal statement which specifically refers to the Person Specification and incorporates the questions below (personal statement of no more than 2 sides of A4 paper / 1000 words max)

Questions:

1. What is your motivation to work for My Sisters Place?
2. How do you feel your skills and experience will bring value to our team?

Please email applications to [recruitment@mysistersplace.co.uk](mailto:recruitment@mysistersplace.co.uk)

My Sister's Place is committed to providing reasonable adjustments throughout our recruitment process and we will always endeavour to be as accommodating as possible. We are also open to flexible working arrangements so please don't be afraid to speak to us about this at the interview stage, so we can explore what's possible.

**Closing date: Monday 24<sup>th</sup> February 2025 at 5pm**

**Interviews will be held on: TBC**

If you would like more information about this role or to discuss reasonable adjustments, please contact:

**Ejaye Moran**

**Counselling and Therapeutic Services manager/Clinical Lead**

**01642 241864**

**[ejaye.moran@mysistersplace.co.uk](mailto:ejaye.moran@mysistersplace.co.uk)**

My Sister's Place is committed to equality of opportunity for all staff, and applications from individuals are encouraged regardless of age, disability, sex, gender reassignment, sexual orientation, pregnancy and maternity, race, religion or belief and marriage and civil partnerships.

All appointments are subject to the receipt of at least two satisfactory written references and an enhanced DBS check.